



Newsletter

FEBRUARY 2026

We are excited to share our annual newsletter with you!



CONTACT US

- ☎ 035 789 6056
- ✉ admin@richtertherapy.co.za
- 🌐 www.richtertherapy.co.za
- 📍 **Richards Bay:** Unit 7 Calypso Centre, 2 Kruger Rand Rd
- Pretoria:** Sunwood Park, Block 5B GF, 379 Queens Crescent, Lynnwood

SCAN HERE TO
FIND OUT MORE!





RICHTER THERAPY
RICHTER OCCUPATIONAL THERAPY INC.

As the **director and owner of Richter Therapy**, I am proud to look back at 2025 and reflect on all that we have achieved together.

From celebrating personal milestones within our team, to advancing our skills through training and workshops, to **sharing our knowledge nationally**, it has truly been a year of growth, abundance, and impact.

I am deeply grateful for the dedication, passion, and excellence shown by every member of our team.



Together, we continue to make a difference in the lives of our patients and in the profession of Occupational Therapy.

Looking ahead, I am excited to see what 2026 will hold, new opportunities, continued growth and more moments to celebrate as a team.

With pride and anticipation,
Leandi

“

The secret of getting ahead is getting started.

Mark Twain

SCAN ME





RICHTER THERAPY
RICHTER OCCUPATIONAL THERAPY INC.

KNOWLEDGE SHARING

We are proud to highlight how our expertise is being recognised and shared beyond our practice.

Leandi was invited as a guest speaker at the National Burns Congress, where she presented on how we achieve such a high success rate with our burns patients, success defined as functional hand use and returning to work.

She **continues to serve as the INSTOPP** (Institute for Occupational Therapists in Private Practice) Director of Workshops, frequently sharing insights into how we deliver excellence in care.

Since 2024, **Leandi has also begun mentoring other private practice owners**, helping them optimise their business models and strengthen their practices.

We are proud to announce that our team was selected to **develop a pre-employment work screening test**, which is now used nationally by a major company.

Leandi remains the preferred **National Trainer for Ottobock and Orfit** and has shared her splinting knowledge nationally on various occasions in 2025.

These milestones reflect not only our commitment to patient care but also our dedication to advancing the profession and supporting colleagues across the country.





RICHTER THERAPY
RICHTER OCCUPATIONAL THERAPY INC.

TRAINING

Our team continues to grow and shine through ongoing learning and professional development:

- **Phindile and Nerisha** have successfully completed their **WorkWell training**.
- **Frances** has completed **Module One of the Train Pain certification** and also did her **DBT (Dialectical Behavioural Therapy)** introduction.
- All our administrators, **Tammy, Natalia, Zama and Roche**, proudly completed their **Microsoft training**, enhancing their digital skills and efficiency.



And this is all **on top of our regular in-service training**, where we sharpen our skills in **splinting, anatomy, lymph massage and assessments**.

A huge congratulations to everyone for their dedication to continuous learning and excellence in care!



Phindile attended the INSTOPP Vocational Rehabilitation Workshop on Work Hardening, further strengthening her expertise.



Nerisha is on track to complete her Hand Fellowship in July 2026, an international qualification focused on the treatment of upper limb injuries.





RICHTER THERAPY
RICHTER OCCUPATIONAL THERAPY INC.

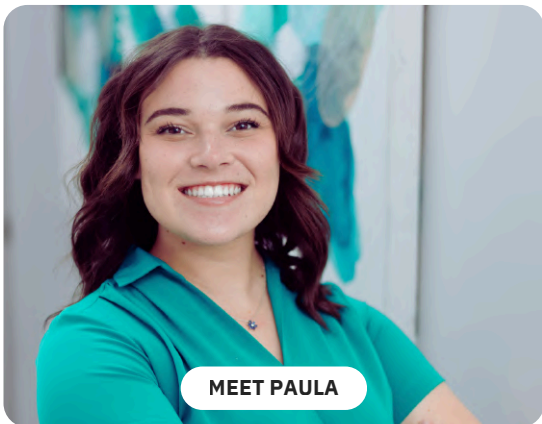
STAFF MATTERS

We are delighted to share joyful news from our team!

Congratulations to Zama and Robyn on the arrival of their beautiful babies:

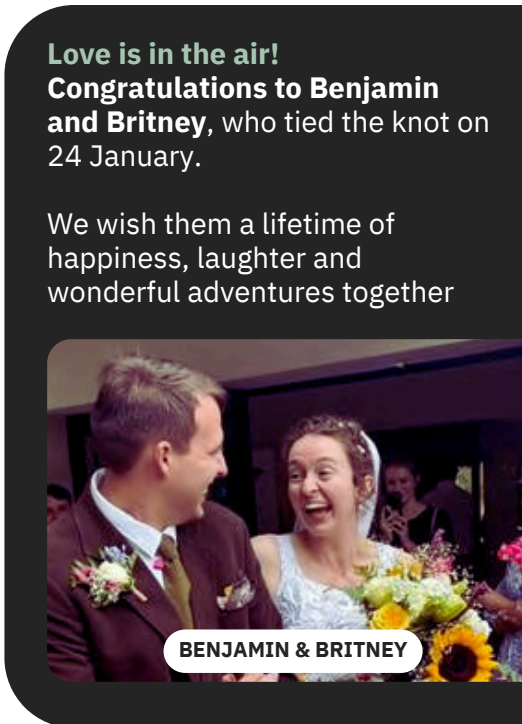
- **Baby Eden**
- **Baby Lubanzi**

May this new chapter be filled with love, laughter & cherished memories. We celebrate with you & wish your families endless happiness!



We're thrilled to introduce Paula, the newest therapist to join our team in 2026.

Paula brings fresh energy, compassion & a deep passion for helping people thrive. We're excited to see the impact she'll make with our patients & team.



Love is in the air!
Congratulations to Benjamin and Britney, who tied the knot on 24 January.

We wish them a lifetime of happiness, laughter and wonderful adventures together

"Hi, I am Paula! Originally from Cape Town, but KZN stole my heart. A community service year in rural Northern KZN turned into home thanks to the incredible people and sense of community. I'm passionate about helping people get back to living, moving, and doing what matters most. So excited to be part of the Richter Therapy team."



After **seven wonderful years at Richter Occupational Therapy Inc. Robyn has decided to embrace a new chapter in life** as she focuses on her family and her newborn daughter. She leaves behind not only a legacy of dedication and compassion but also a heartfelt message of gratitude and reflection.

FAREWELL MESSAGE

I don't know how to start this note, so let us reflect first.

What has Richter Occupational Therapy Inc. meant to me over the last view years: **Abundance!**

Prior to starting my position at Richter Therapy, I had the mindset that I would not be able to grow in faith, career or personally in my hometown of Richards Bay, limiting the awesome power of the Lord and the calibre of people and skills available there.

I LOVE that over the last 7 years, my expectations have been exceeded abundantly.

I have grown professionally beyond my imagination, working under the guidance of Leandi at Richter Therapy Inc. I have developed abundantly in communication and skills due to the interactions with doctors, nurses, allied health professionals and patients.

I have matured abundantly in my faith due to the nature of our work, the hard work I had to learn and the hardships of loss that life can bring.

I have been blessed abundantly with the colleagues I have had the privilege of working with.

I have appreciated and valued each interaction and victory with my patients.

Life has been abundantly full, busy and hard at times, but FULL. Full, resulting in becoming a manager, wife, and now a mom.

Leandi and Richter Therapy Inc. does not just accept the day-to-day logistics, but strives to improve each opportunity for treatment, interaction and experience they may provide.

A note for anyone coming into contact with Richter Therapy: Expect Abundance, from walking in the door and being greeted with a friendly smile and professionalism to the excitement the therapists have in seeing your health and day improve!

Thank you, Richter Therapy (all of you), my colleagues (all of you), my patients and the Lord, for the last 7 years.

With a FULL heart and life, Husband and Daughter included, as Tigger would say, **T.T.F.N**

Ta Ta For Now.



LOVE
ROBYN



As we look back on the past year, we celebrate the moments that brought our team together and showcased our profession with pride:

National OT Week was once again a highlight, giving us the opportunity to market not only our practice but also the incredible profession of Occupational Therapy.



Mondi Wellness Day remains one of our favourite annual events, where we connect with the community and share our passion for health and wellness.

Our year-end function was celebrated in true style at Bonamanzi, a fitting close to a year filled with growth, teamwork, and success.

We are excited to share that our **Pretoria branch continues to operate and grow**, strengthening our reach and impact.

These milestones remind us of the joy in coming together, the pride in our profession and the importance of celebrating achievements both big and small.